



MASSAGES

The Romance Massage for Couples

Rekindle the romance with this beautiful service for two! This massage is performed in a candle-lit dual massage suite with rose petals covering both beds. Glasses of non-alcoholic beverages are served while enjoying a foot soak and a foot massage. After this relaxing introduction, the two of you will enjoy a wonderful 50-minute Swedish Solace Massage

price per person \$110.00

Spa Vargas Tranquility *Signature Service*

Imagine relaxation. Imagine rejuvenation. Imagine bliss. This refuge from the stress and anxiety of the real world incorporates the best of our modalities to give you the ultimate massage experience. This massage begins with the placement of warmed stones to relax the body. Next, your feet are then indulged with a rejuvenating reflexology massage. You continue with a full body massage incorporating a wonderful combination of heated stones and a therapeutic massage. Afterwards, you will be left in a state of tranquility.

90 minutes \$160.00

Vargas Stone Treatment

This massage technique involves smooth, heated river stones that are strategically placed and used on various energy points of your body. Heated stones are smoothed over major muscle groups to allow deep heat penetration. The heat enhances relaxation, circulation, and relieves tired, sore muscles. The effect of this therapy is tension relief and a balancing of mind, body, and spirit.

50 minutes \$110.00

80 minutes \$150.00

The Bamboo Rhythm

Bamboo sticks fan, whisk, roll and percussion along the bottoms of your feet and across your body. Starting with a scalp massage combined with a hands-on therapeutic massage, this will awaken muscles and joints. Enjoy the beat!

90 minutes \$160.00

The Flight of the Boeriu Butterfly

An awakening of the body from the sensation of forearm massaging. The use of the therapist's forearms allows for a deep penetration of the muscle groups. A therapeutic relief for tight and sore muscles.

50 minutes \$115.00

80 minutes \$155.00

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Vargas Therapeutic Massage

Deep tissue manipulation of specific muscle groups, to loosen muscle constrictions, and reduce soreness and fatigue, while increasing mobility and energy. Great choice for the guest who prefers a more intense therapy. Massage pressure will be customized to each guest's preference.

50 minutes	\$100.00
80 minutes	\$140.00

Vargas Relaxation Massage

The most popular of all massage techniques in the western world, our Swedish massage works on the principle of rhythmic, flowing compression of the muscles to induce both relaxation and rejuvenation. A gentle respite from your daily routine.

50 minutes	\$90.00
80 minutes	\$130.00

Vargas Reflexology Respite

A technique focusing on the reflexes in the hands, feet, and ankles. This whole body therapy increases circulation, relieves water retention, and promotes relaxation. Reflexology provides a relaxing, balancing and truly renewing experience.

50 minutes	\$115.00
80 minutes	\$155.00

Maternity Massage Must

A gentle, safe and beneficial therapy for pregnant women. Maternity pillows allow for complete comfort. This massage reduces swelling, water retention, back pain, and discomfort. The absolute relief to a temporarily over-strained body. Not recommended in the first trimester.

50 minutes	\$100.00
80 minutes	\$140.00

Reiki Energy Healing

Reiki is a natural light touch healing method that uses the hands of a healer to channel energy to another person through Chakras or energy centers. Healing refers to the balancing of the energy, sometimes called the Chi or Prana in the body to heal itself. Reiki supports and enhances the body's natural ability to heal itself.

50 minutes	\$100.00
80 minutes	\$140.00

The Economic Stress Reducer Massage - Express

A deep tissue massage that will focus on tension that forms in the neck, shoulder, and lower back. This will alleviate the discomfort and allow for greater mobility and productivity.

35 minutes	\$60.00
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BODY SCRUBS AND WRAPS

Luminosity Sea Salt Scrub

Glow is the keyword for this deep cleansing exfoliating treatment. Feel stress melt away as your skin is gently massaged using a blend of aromatic sea salts, mineral salts and essential oils to remove impurities and dead skin cells while stimulating circulation. Afterwards enjoy the gentle rainfall from our Vichy shower. Your skin surface is smooth, healthy and radiant.

NOTE: Do not wax or shave 24 hours prior to this treatment. Do not have this service if you are allergic to iodine or shellfish.

One Treatment

\$60.00

The Mother Earth Embrace

Discover what the ancients knew centuries ago. Gently vanquishing aches and pains, this mud blend brings instead a state of deep relaxation and wellness into the very fibers of your being. Rich in natural vitamins, minerals and enzymes, this unique natural black magma rejuvenates your skin and brings you back to healthy life. Connect with Mother Earth in this therapy that is especially beneficial for skin in need of detoxification from environmental pollutants, pesticides, and daily stress.

One Treatment

\$100.00

Thalasso Body Drench

A true gift from the sea all the way from Brittany. This seaweed wrap is soothing and smoothening. Relax and luxuriate in steady warmth while your skin detoxifies and absorbs intense benefits from the rich array of minerals, vitamins and enzymes naturally abundant in this French seaweed. Especially beneficial for dull, dehydrated lifeless skin and sun lovers.

NOTE: Do not have this service if allergic to iodine or shellfish.

One Treatment

\$100.00

The Wright State of Mind Facial and Body Wrap

A body wrap and facial are combined in this journey. Exfoliate, detoxify, and hydrate your entire body from head to toe.

One Treatment

\$175.00



SKIN CARE CENTER

The Transformation *Signature Service*

This technology-driven skin rejuvenating treatment is for the woman who wants visible results for a youthful appearance. This is a full face and neck micro-dermabrasion, ultrasonic peel and micro-current with a hydrating mask – a powerful infusion all in one! This is your secret weapon against the aging process – a sip from the Fountain of Youth.

One Treatment \$165.00

Spa Vargas Serenity Facial *Signature Service*

This tranquil facial will balance your skin and your soul. This luxurious, hydrating facial will nourish and tone the skin while the vitamins and collagen will hydrate and heal your face, neck and décolleté. While your skin is repairing, prepare for further relaxation with a face, neck and shoulder massage. This treatment is ideal for dehydrated and overexposed skin leaving your skin glowing.

One Treatment \$140.00

The Skin Renewal Facial

Anti-aging facial designed to combat the signs of aging. This facial will make your skin visibly smoother and younger looking as it deeply hydrates, nourishes, and tones the skin. These wonderful results come from the combination of the rejuvenating and antioxidant properties of Vitamin C. Especially beneficial for sun-damaged or mature skin.

One Treatment \$125.00

The Sensitive Skin Solution Facial

This alleviating treatment brings visual relief and results from dilated or broken capillaries, congestion, blotchiness and irritability commonly due to rosacea. Skin surfaces are fully decongested, soothed and hydrated. Especially beneficial for skin types with micro-circulation problems and sensitive skin.

One Treatment \$110.00

The Problem Solved Treatment

Our acne care facial uncovers the secret of beautiful skin. A focus on extractions and cleansing of the skin with an antiseptic, purifying mask. We will educate you to achieve healthy skin since improper home care can contribute to the problem. This facial produces the best results when received in a series. Recommended for very oily, acneic skin types.

One Treatment \$115.00



The Vargas Classic Facial

For the guest who is on a regular skin care regimen, The Vargas Classic Facial is a perfect complement to your routine. Customized for your specific skin type, this facial exfoliates the skin, evens skin tone, and controls oil production, resulting in a nourished, balanced, and healthy appearance.

One Treatment \$95.00

The Gentlemen's Exclusive Facial

A deep cleansing, therapeutic facial designed specifically for the special care and needs of men. Relaxes the skin as it refines pores. Includes a luxurious massage and deep cleansing mask.

One Treatment \$95.00

The Teen Escape Facial

A therapeutic treatment tailored to meet the specialized needs of young adult skin. Consultation and analysis of the skin is followed by a customized deep cleansing, exfoliation, purification, and a detail home care prescription.

One Treatment \$70.00

Stocks are Down, Our Faces Don't Need to Be Facial

Ride it out with the rest of us and continue to keep your face in a good healthy condition with a treatment that provides a deep cleanse and hydration.

One Treatment \$60.00

The Beautiful Back Treatment

Essential maintenance for bare-shouldered beauty. A relaxing back, shoulder and upper arm treatment. Includes a thorough cleaning and exfoliation, extractions, massage, steam, customized treatment mask, toning, and moisturizer. It leaves you feeling hydrated, clean, exfoliated, refreshed, and relaxed.

One Treatment \$80.00

Eyebrow Tinting

One Treatment \$20.00

Eyelash Tinting

One Treatment \$35.00

Manual Microderm Polish

One Treatment \$60.00

Specialty Mask

Add to facial \$20.00



Eye Treatment Collagen Mask

One Treatment \$25.00

Luscious Lip Treatment

Add to facial \$15.00

HAIR REMOVAL SERVICES

Lip or Chin - starts at	\$15.00
Eyebrow - starts at	\$20.00
Underarm - starts at	\$25.00
Bikini - starts at	\$35.00
French Bikini - starts at	\$50.00
Brazilian Bikini - starts at	\$65.00
Half Legs - starts at	\$45.00
Full Legs - starts at	\$80.00
Back - starts at	\$60.00

NAILCARE

The Spa Vargas Renewal Manicure or Pedicure

Our Indian Lakes Classic Manicure or Pedicure treatment is enhanced with the application of an intense moisturizing paraffin dip. The service includes a nail shaping, cuticle trimming, an exfoliation, an antioxidant application with heated mitts, a moisturizing massage, and a meticulous polish application. Besides gorgeous hands and feet, your skin is left soft and deeply conditioned.

Manicure	\$40.00
Pedicure	\$70.00

The Mimosa Pedicure

Enjoy a Mimosa with your pedicure!

Our natural nail service will leave your feet looking healthy and beautiful. The service includes a nail shaping, cuticle trimming, an exfoliation, a moisturizing massage, and a meticulous polish or buff application. The results are the ultimate in gorgeous feet. Indulge your feet with a wonderful pedicure and indulge your taste buds with a refreshing Champagne Mimosa!

Pedicure	\$66.00
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The Prairie Earth Manicure or Pedicure

Our Indian Lakes Classic Manicure or Pedicure treatment is enhanced with the application of a therapeutic mud blend. This modern formulation of an ancient secret helps replenish and moisturize dry, tired hands or feet while also relieving stress and fatigue. This invigorating treatment is especially beneficial for guests with rheumatism, arthritis, or who wish to detoxify from various environmental factors.

Manicure	\$35.00
Pedicure	\$65.00

The Stone Treatment Manicure or Pedicure

Feel all of your tension in your hands, feet and calves melt away! With this unique service, heated stones are placed between your digits in order to relax the joints in your hands or feet, which in turn relax your upper back and sinuses. After wrapping your hand or feet in hot towels, you receive a massage utilizing hot stones to penetrate and loosen up your muscles. A must for tired and weary hands or feet.

Manicure	\$40.00
Pedicure	\$70.00

The Reflexology Revival Manicure or Pedicure

Starting with The Indian Lakes Classic Manicure or Pedicure, this treatment takes a renewing turn including the manipulation of specific pressure points on the hands or feet to improve circulation, relieve stress and bring balance to the body. Finishing with a precise polish application, the refreshment is complete. Ideal for guests with tired, aching hands or feet.

Manicure	\$40.00
Pedicure	\$70.00

The Vargas Classic Spa Manicure or Pedicure

Our classic natural nail service leaves your hands or feet looking healthy and beautiful. The service includes a nail shaping, cuticle trimming, an exfoliation, a moisturizing massage, and a meticulous polish application. The results are the ultimate in gorgeous hands and feet.

Manicure	\$30.00
Pedicure	\$60.00

The Vargas Express Manicure or Pedicure

This is our classic natural nail service but customized for the guest on the go. This service includes nail shaping, cuticle trimming, a moisturizing massage, and a polish application. A perfect way to keep your nails looking great even if you are pressed for time.

Manicure	\$25.00
Pedicure	\$50.00



The Gentlemen's Classic Manicure or Pedicure

This treatment is ideal for the man interested in low maintenance and no upkeep nails. This service uses a stronger, deeper massage removing sport or work induced calluses or rough features. Finishing with clear or no polish, this treatment is perfect for the active man who is hard on their hands or feet.

Manicure	\$30.00
Pedicure	\$60.00

Polish Change with Buffing

For those guests looking for a simple change in color, this service will remove your old polish, buff out your nails, and then apply your new color of choice.

Manicure	\$16.00
Pedicure	\$20.00

Paraffin Dip - Add

For those with dry skin, add this application to any of our nail services is an intense moisturizing treatment that softens and deeply conditions the skin. Benefits build as moisture retention is increased, restoring a more youthful appearance to hands and feet.

Manicure - Add	\$10.00
Pedicure - Add	\$15.00

French Finish - Add

For those who want an elegant look, add this application to any of our nail services.

Add to Manicure or Pedicure	\$9.00
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Mimosa - enjoy a toast

Time to chill - enjoy a Mimosa while you are enjoying a relaxing pedicure. It is even more enjoyable when you have a friend to toast with!

Add to any Pedicure	\$6.00
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MAKEUP SERVICES

Makeup Application

One Application \$55.00

One-Hour Makeup Lesson

One Application \$70.00

Eye-Lashes Application

One Application \$37.00

BRIDAL MAKE-UP SERVICES

- **In-salon consultation:** starts at \$55 per one hour treatment time
- **On-site Wedding Day (within Chicago Hilton Resort)**
 - Bride: starts at \$75
 - Bridesmaid Mothers, Grandmothers: starts at \$55
 - Junior Bridesmaid: \$40 for 15 minute gloss, blush, shear shadow & light mascara
 - Flower Girl: \$15 for 5 minute gloss & blush

BRIDAL HAIR SERVICES

- **In-salon consultation:** starts at \$75 per one hour treatment time
- **On-site Wedding Day (within Chicago Hilton Resort)**
 - Bride: starts at \$85 per one hour treatment time
 - Bridesmaid: starts at \$65 per 30 minute treatment time
 - Mothers / Grandmothers: \$60 per 30 minute treatment time
 - Junior Bridesmaid: \$40 per 30 minute treatment time
 - Flower Girl: \$40 per 20 minute treatment time



SPA PACKAGES

The Journey! *Signature Package*****

The perfect escape for the guest needing a day of calm. You embark on this journey with our ultimate massage, the Spa Vargas Tranquility Massage, best described as ninety minutes of pure bliss! As your body is now relaxed, continue your sojourn with the Spa Vargas Serenity Facial which will nourish your skin and your soul, leaving your face glowing. Finally, your last stop on your trip is the Spa Vargas Renewal Pedicure, a very hydrating service that leaves your feet soft and beautiful.

3.5 hours

\$420.00

The Taste of Spa Vargas

Therapeutic Massage: Enjoy a deep tissue massage that will focus on tension that forms in the neck, shoulder, and lower back. This is not a full body massage, but a concentrated service that takes 35 minutes.

Balancing Facial: Keep your face in a good healthy condition with a treatment that provides a deep cleanse and hydration. This service takes 35 minutes.

Express Pedicure: a pedicure that is designed for the guest on the go. This service includes nail shaping, cuticle trimming, a moisturizing massage, and a polish application. This service takes 45 minutes.

2 hours

\$198.00

The Awaken Ritual Package

Awaken your body with this ritual! Start with our Luminosity Sea Salt Scrub and feel stress melt away as your skin is gently massaged using a blend of aromatic sea salts, mineral salts and essential oils to remove impurities and dead skin cells while stimulating circulation. Conclude with our Mother Earth Embrace Wrap which rejuvenates your skin and brings you back to healthy life. This package will leave your skin smooth, healthy and radiant.

90 minutes

\$180.00

The Balance Ritual Package

Balance your soul with this ritual! Start this ritual with our Wright State of Mind Facial and Body Wrap that exfoliates, detoxifies, and hydrates your entire body from head to toe. You then conclude with our 50-minute Vargas Stone Treatment with an array of heated stones enhancing, relaxing, circulating, and relieving tired, sore muscles

2.5 hours

\$320.00

The Relax Ritual Package

Relax your mind with this ritual! Begin with a 50-minute Vargas Relaxation Massage, relaxing your whole body and mind. Next, enjoy our Vargas Classic Facial, which exfoliates the skin, evens skin tone, and controls oil production, resulting in a nourished, balanced, and healthy appearance. Conclude with our Vargas Classic Pedicure, leaving your feet looking great and feeling healthy.

3 hours

\$275.00

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